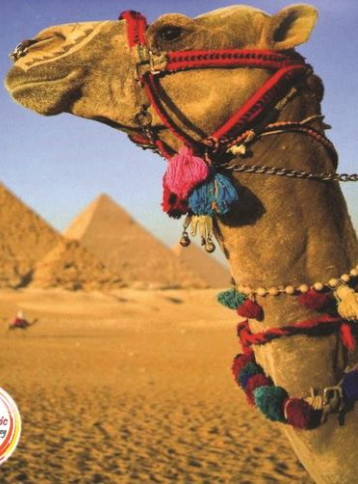


migmatic EGYPT





Cairo ■ GIZA

Luxor

Karnak

Esna

Edfu

High Dam

Nile

Aswan



MEDITATE
— INSIDE
PYRAMIDS

Sail on River Nile

25th April - 2nd May

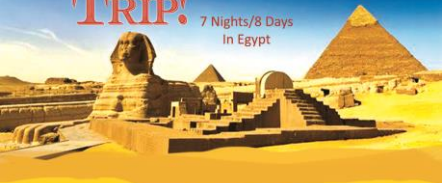
“The world is a book and those who do not travel, read only one page.” – St. Augustine



An unforgettable

TRIP!

7 Nights/8 Days
In Egypt



We invite you for a once in a lifetime opportunity, to experience Egypt in a way, which is a fantasy for many. We will unravel the 10000 year old history of this mysterious land, where the majestic Pyramids mystify and the Sphinx deepens the enigma of this ancient civilization.

Pyramid power is referred to as Pyramidology which is the supernatural properties of the ancient Egyptian pyramids, most often the Giza Necropolis and the Great Pyramid of Giza – Where we will meditate for two hours.

The five angles of the pyramid project a beam of radiation towards the centre – called as 'fire in the middle'. Karel Drbal, a Czechoslovakian engineer and Pyramidologist, described the pyramid as "a kind of cosmic antenna, tuning into sources of energy of vaster intensity and focusing them onto the Pyramid's centre."

Research has proved, that people meditating in a pyramid regularly have received strong spiritual and psychic impressions, as well as enhanced dreams and visions, vivid visual imagery, and increased memory recall.

Pyramids help meditation because they focus on harmonious energies and deflect distracting energies. Pyramids guard against external interference while helping you corral your own maverick thoughts. The Pyramid focuses on positive energy within you. As you enter your reflective state the Pyramid assists you at every step. Meditation is faster, deeper and more rewarding.

ITINERARY

DAY 01 WEDNESDAY (25/04/2018) LUXOR

Arrive in Luxor via flight from Delhi/ Mumbai. Transfer to your 5* Hotel. Overnight stay. Enjoy this exotic property on the banks of Nile.

DAY 02 THURSDAY (26/04/2018) LUXOR

After breakfast, visit the East bank of Luxor, Karnak Temple & Luxor Temple, Check into your 5* Cruise and overnight on cruise.

3:00 pm – 4:30 pm: Session with Thomas Nilson:

Talk: Egyptian History and Science: The lost Atlantis, the mystery of the Sphinx and the remarkable wisdom of its culture.

Practice: Guided exercise of Egyptian pranayama.

DAY 03 FRIDAY (27/04/2018)

After breakfast, visit West bank of Luxor, visit the valley of Kings, temple of Queen Hatshepsut, and the two colossi of Memnon. Start sailing to Edfu, on the way cross Esna lock (a rare experience). Dinner and overnight on cruise.

7:00 pm – 8:30 pm: Session with Thomas Nilson:

Talk: Secrets of the pyramids: Cosmic connections with the galaxy. Practice: Guided meditation with Egyptian mantra to activate chakras.

DAY 04 SATURDAY (28/04/2018)

Continue sailing to Edfu and visit Edfu temple by horse carts. Sail to Kom Ombo and visit Kom Omombo temple. Continue sailing to Aswan. Sessions will be held with renowned masters during this scenic sail on river Nile. Dinner and overnight on cruise.

2:30 pm – 4:00 pm: Session with Thomas Nilson:

Talk: Initiation in the Egyptian Temples of Mysteries: Tests, revelations and unveiling the goddess Isis.

Practice: Guided meditation dedicated to the Divine Mother Isis.



ITINERARY continued...

DAY 05 SUNDAY (29/04/2018)

After breakfast leave for the famous Abu Simble temple which is three hours drive from Aswan. Reach back Aswan by 7:00 pm. Overnight stay and dinner on cruise. We will have lectures and sharing sessions with Thomas Nilson on the way while we are on a long drive through the beautiful desert till Abu Simbel.

DAY 06 MONDAY (30/04/2018) ASWAN / CAIRO

After Breakfast check out from the cruise and visit High Dam in Aswan, Philae Temple, unfinished Obelisk and thereafter reach Aswan airport . Departure to Cairo. Upon arrival to Cairo transfer to your hotel & overnight stay. 7:30 pm – 8:30 pm: Session with Thomas Nilson: Talk: The Myth of Osiris: The process and Journey of the awakening of the Soul into afterlife. Practice: Guided meditation with mantra for lucid dreaming.

DAY 07 TUESDAY (01/05/2018)

Go to Pyramids early morning and meditate for two hours inside the King's and Queen's chamber. Breakfast at the hotel and start your full day tour of the great Pyramids of Giza, Sphinx, Egyptian Museum, Papyrus fair, Khan El Khalili bazaar. In the evening experience the iconic, Pyramids sound & Light show. Overnight dinner and stay at hotel.

The Meditation inside Pyramids will be guided by Thomas Nilson. We will meditate at the source of cosmic intersection in the Pyramid.

DAY 08 WEDNESDAY (02/05/2018)

Breakfast at the hotel & check out. Reach the airport to catch your flight back home.





What is so **SPECIAL** about this trip?

Earth has various Energy vortices like our body has the seven chakras. Egypt (Giza) is a Universal power spot (Vortex) with high energy frequencies.

You will not just travel to this ancient land but you will also travel through the mysteries of this sacred and mysterious land.

We will work with these powerful energies which will help in connecting your spiritual self to the SOURCE and SPIRIT of this mystical land.

How this trip is **DIFFERENT** than a regular vacation?

This retreat is a rare amalgamation of Travel combined with Spirituality. You will be able to see all the historical sites along the iconic Nile from Luxor to Aswan.

You will get a once in a lifetime opportunity to enter inside the great pyramid of Giza, where you will be able to meditate for 2 hours. We have managed to acquire special permissions from the Govt. to spend our special 2 hours inside Giza. It is otherwise not allowed for tourists.

You will get new insights to connect with your inner self through sessions which will be practiced every morning on the sailing Cruise along the longest river on this planet.

What are the **BENEFITS** of Meditating inside the Pyramids?

The grand structure of the Giza Pyramid is the greatest receiver, amplifier and transmitter of universal conscious energy otherwise known as cosmic energy. The pyramid energy could be used by all for preservation, healing, meditation and out-of-body experiences.

During Pyramid Meditation session, electromagnetic and chemical reactions take place in our body. Every cell is activated to its full potential and is cleansed from all toxins thereby eliminates many ailments totally when practiced continuously. A perfect harmony is created between the Mind, Body and Soul.



Cosmic Power of PYRAMIDS - How it works?

Negative ions help to reproduce and repair body cells. They're transmitted into the body through the air and are circulated by the blood. Too many positive ions (the result of air pollution) can cause depression, and ultimately, illnesses. Thus, negative ions have a beneficial effect on the body.

Pyramids generate negative ions. In addition, they are believed to have a generally balancing effect on the body's electromagnetic field.

The use of a pyramid in meditation can accelerate the process bringing feelings of calmness, wellbeing and a more open and positive attitude. Many users claim increased memory recall, visions of past incarnations, telepathic communication and an expansion of awareness.





Know Your Facilitator

THOMAS NILSSON

Thomas Nilsson is a Swedish teacher that has been working for the past 17 years together with his wife Guillermina Nilsson as a mental coach and has imparted lectures and courses on Geophilosophy, Anthropology and Psychological development specially in Sweden, Mexico, Guatemala and India. He has also traveled around the world to impart conferences and lectures at international congresses and symposiums. He has researched on different cultures such as the Mayan, the Aztec, the Egyptian, the Tibetan, etc., comparing them and searching for the common and universal root of knowledge that binds the collective essence of human thinking together. The inspiration is found in the teachings of Dr. Samael Aun Weor who wrote more than 60 books on anthropology, philosophy and esoteric revelations.

At present, he and his wife are working for AGEAC India in New Delhi. AGEAC is a non-profit organization that offers courses on Geophilosophy and personal development. For more information, visit: www.ageac.org/en

LOGISTICS

The contribution is INR 1,12,500 per person

The cost includes the following:

Stay for 1 night in a 5* hotel in Luxor (Maritime Jolville on twin sharing basis)

Stay for 4 nights aboard a 5* cruise, voyaging on the iconic river Nile.

(Steigenberger Minerva on twin sharing basis)

Stay for 2 nights in a 5* hotel in Cairo. (Le Meredian on twin sharing basis)

Meditation sessions with Thomas Nilsson.

All Meals

Fee for Meditation inside the Pyramids.

Domestic flight from Aswan to Cairo.

All domestic travel within Egypt.

The cost does not include the following:

Flight tickets from India to Egypt and back. (Presently the flights range between 35k - 55k return)

5% GST

Table drinks ordered during meals.

Tips to the guides and drivers (Recommended \$5-\$6 per day)

Any personal expenses.

Visa expenses. (Rs. 3000 -Rs. 3500 through an agent. We will share with you our travel agent's number if you want and he will get it done for you)

Travel Insurance

We will suggest the suitable flights for you.

TO REGISTER

Call: Mohet 9910185042, Annu Bala 8595155420

e-mail: journey@soulcentric.in



Spirituality | Wellness | Art

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